



MINISTRY OF  
**HEALTH &  
WELLNESS**

# MASK ETIQUETTE

If there becomes a need to wear a mask, appropriate use and disposal are essential to ensure they are effective and to avoid increased risk of transmission.



## Steps for using masks:

- ✔ Wash hands with soap and water or use an alcohol-based hand sanitizer;
- ✔ Place mask carefully to cover mouth and nose and tie securely to avoid gaps between the face and the mask;
- ✔ Avoid touching the mask, while being worn;
- ✔ When removing the mask do not touch the front, but remove the straps from behind;
- ✔ After removal or whenever you touch a used mask, clean hands by using an alcohol-based hand sanitizer or soap and water;
- ✔ Replace masks with a new clean, dry mask as soon as they become damp/humid;
- ✔ Do not re-use single-use masks;
- ✔ Discard masks after each use and dispose of them immediately upon removal in a closed bin.

**#ProtectYourselfFromCoronavirus**  
**#StayCoronavirusFree #KeepHealthy**

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