

PROTECT YOURSELF AND OTHERS FROM GETTING SICK



wash your hands:

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste

#ProtectYourselfFromCoronavirus
#StayCoronavirusFree #KeepHealthy



Adapted from the
**World Health
Organization**

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