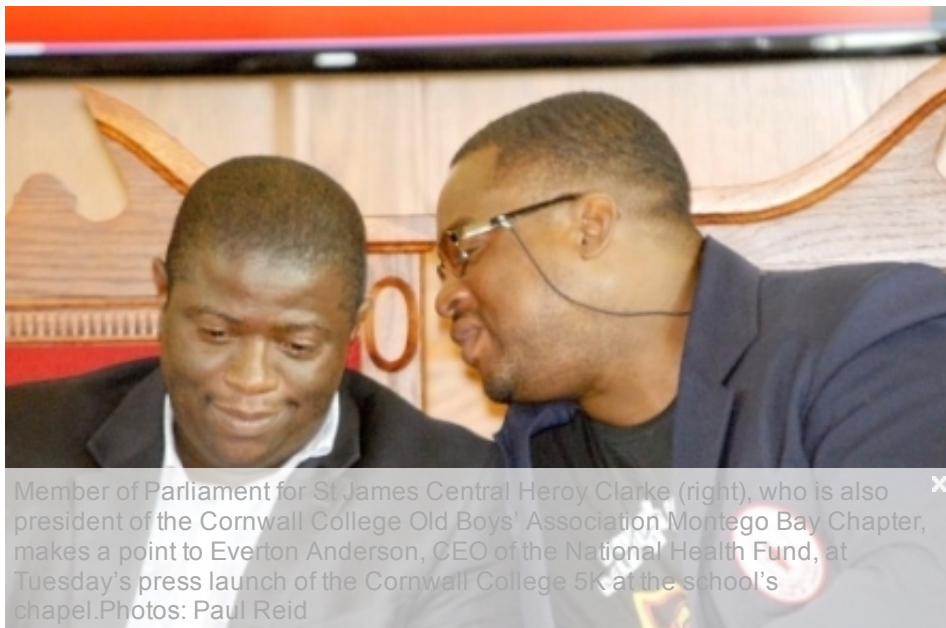


‘Cornwall College 5k bigger, better this year’

BY PAUL A REID Observer West writer
 Thursday, May 12, 2016

Organisers of the second staging of the Cornwall College 5K road race are promising a bigger and better event this year when the event is held on Sunday, May 29.

The road race will be part of the school’s Wellness Weekend, sponsored by the National Health Fund, which will include a health fair on the school grounds a day earlier.



Member of Parliament for St James Central Heroy Clarke (right), who is also president of the Cornwall College Old Boys’ Association Montego Bay Chapter, makes a point to Everton Anderson, CEO of the National Health Fund, at Tuesday’s press launch of the Cornwall College 5K at the school’s chapel. Photos: Paul Reid



1/2



There will be two sections to the event — a 5k run and a 5K walk — and the top three finishers in both sections will receive trophies and other prizes, it was announced at a media launch held at the school’s Chapel on Tuesday.

Immediate past president of the Cornwall College Old Boys’ Association Montego Bay Chapter, Donat Crichton, described the event as “the most scenic 5K road race in Montego Bay, and the only road race in Jamaica with an Olympic-style marathon finish”.

The race, he explained, is the only one that will see the runners finishing with a lap around the Cornwall College 400m running track, ending in front of the school’s pavilion.

The event will start on the field at Cornwall College, continuing down the hill and turning right at Paradise Row, then across St James Street to Harbour Street and turning right onto Gloucester Avenue. The runners will continue along the ‘Hip Strip’ and then turn back at Cornwall Beach, back along Gloucester Avenue to the private road in front of the City Centre building and back to the school’s play field.

“The 5k has been put on to help raise funds for various sports programmes and sports-related areas of Cornwall College’s life,” Crichton said, pointing out that last year’s event achieved its objectives by raising funds to assist in the refurbishing of the school’s boarding house.

The event has been endorsed by the school's newly appointed principal, Dr Lennox Rowe, who welcomed the initiative.